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# The Unfaithful Widow: Fragmented Memoirs Of My First Year Alone



## The Unfaithful Widow

Fragmented Memoirs Of  
My First Year Alone



BARBARA BARTH



## Synopsis

Welcome To My World. Doing All Those Things I Thought I'd Never Do Again. The Unfaithful Widow is a collection of essays and fragmented thoughts on finding joy again after the loss of a mate. A memoir of the first year alone written with warmth and laughter, no subject is taboo. From dealing with the funeral home (Can I show you our upgraded cremation package? I looked at Miss Death, was I booking a vacation?) to dating again (He ran in the door, looked at me and said "I've left something in my car." He never returned). Sprinkle in a bevy of rescue dogs (Finally a good nights sleep with someone new in my bed.) and those questions you hate to ask (Condoms anyone?). A story for anyone who has suffered loss and is determined to become their own super hero. The Unfaithful Widow will make your heart ache while tickling your ribs. A deeply heartfelt, candid memoir about rediscovering the joy of living in the wake of death. This book is a testament to love and the emergence of an original voice.

Philip Nutman, critically acclaimed author of *Wet Work* and award-winning screenwriter. Join Barbara as she takes you on a year's journey to find a new life for herself after her husband's death. Funny, endearing and full of hope, her experiences will make you laugh, bring a tear to your eye and make you shout, "Go Girl!" as she reinvents herself as a creative single woman. More than a widow story--this tale is for anyone rediscovering themselves...Patrice Dickey, *Your Guide to the Life You Love*, and the award winning author of *"Back To The Garden: Getting From Shadow To Joy."*

## Book Information

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## Customer Reviews

In her review, Audrey Frank said, "This is a book for anyone who has a void to fill in her life."That's much too limiting.No void is necessary, and the book is not just for females. It's a book for anyone seeking entertainment and anyone who might benefit from inspiration to keep going. It's also for everyone who likes dogs and soft-core dirty talk.Barbara Barth is a master (mistress?) storyteller, with an uncanny ability to recall or recreate dialog. She is able to pluck humor from sadness. She shows proper respect for the past without being a prisoner of the past. Barbara demonstrates impressive resilience, strength and the ability to keep looking ahead despite widowhood, bad dates, and the death of a dog. Her unwillingness to accept cliché roles dictated by age, custom or gender are important lessons for everyone.I don't want to concentrate only on the inspirational aspects of the book, because it is a LOT OF FUN. I read the Kindle version on a bumpy train ride. I was tired and woozy. A lesser book would have made me turn off my iPad. With Barbara's book, I kept tapping to turn the electronic pages to see what happens next. The woman sitting next to me wondered what was making me laugh and she started reading along with me. I read faster than she did, and let her catch up before I turned the pages.Although I didn't "get" the cover illustration (it's apparently a chick thing) and at times I thought I was overhearing a conversation that was meant just for women (number of bras owned, evaluating a man's butt), at other times I thought Barbara was talking directly to me.Buy the book and hear what Barbara has to say to you. You won't be disappointed.Michael N. Marcusauthor ofÃ Â Stories I'd Tell My Children (but maybe not until they're adults)author ofÃ Â Become a Real Self-Publisher: Don't be a Victim of a Vanity Press. Learn All About Self-Publishing. Publish a Better Book, Publish it Faster, Make More Money, Have More Fun

What an amazing and refreshing book! being a widow, I have read several books on the subject, but this is the best in that it shares the real day to day, even moment to moment, dilemmas. The book gave me permission, in a way, to be my real myself ~ to laugh, to cry, to think out of the box, to dare, to try new, crazy things, and to love myself as I am in the present.....to love me & to live

life. Thank you, Barbara Barth. I highly recommend this book and am ordering her other one. (also recommending the book to my 54 yr old daughter who is not a widow, but can still delight in the reading.)

The title is catchy, the story is interesting, but as a very recent widow myself, I could not in anyway identify with her sexual escapades. Not everyone is so casual about sleeping around, and I found this a sad attempt at comfort.

Since I was also forced to acquire the label of that dreaded and despised word "widow" at age 60 this book is such a breath of fresh air for me. My husband passed away 18 months ago and I have still not been able to find the courage to move forward like Barbara did. This could possibly be a life changing inspiration for me to know that there can be a fulfilled future ahead for me if I just put my feet forward. Since I am also a true canine lover it made this book particularly special to me. This book is both amusing and heartwarming. I could not put it down once I started reading it. I have a feeling this book will help me reach a turning point in my journey of grief. I wish I could thank her!

When my husband died March 9, 2011, I was devastated. It was totally unexpected. I had just had my 60th birthday and 6 weeks later my husband died, talk about a double whammy. Sixty! and a Widow! I read several books on grieving, widows, and other self help books like Eckhart Tolle, but none of them reached my inner being like Barbara's book. I found it doing a search on , and when I saw the title, "Unfaithful Widow" my curiosity got the best of me. What the heck is an "unfaithful widow" I thought. I just had to download a copy on my computer. Well, just reading the sample was not enough. I actually bought my first Kindle in order to download this book. With each chapter I came to feel that Barbara was reading my mind, I so identified with her jois de vivre. I loved how brave she was to go out and meet new people, and her stories of these incidents are hilarious. If you want to know how to deal with life after finding yourself suddenly single after several decades or even a few, then this book is for you. Never once did she let life get her down. In moments of rejection, she found humor and a sense of herself. In moments when we might all just curl up and cry, Barbara found a way to laugh. And boy can this woman write. What a natural talent. I highly recommend this book to anyone widowed whether it's recent or even several years. This is a book about living life to the fullest.

I'm not a widow, but last year, I met and had a conversation with the author. Barth had such a great

sense of humor, so when I had a chance I bought a copy of her book. I'm writing a review, and I haven't even finished the book yet, but I already feel justified in buying it, and I am enjoying it so much, I know I'm going to hate coming to the end of it. Barbara Barth goes about life with such a keen sense of tragic comedy, and while you know there is a sadness underneath it all, you can't help laughing, too. I know quite a few widows, and I've heard some of their stories and their woes, but no one tells quite like this lady. This should be required reading for all new widows, and no, it's not a how-to manual, it's just a flat, realistic look at life and the situations that are going to arise. (Even if you don't own a six-pack of dogs as the author does.) But it's hopeful. There is always room in life for hope.

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